



Join Eurest Dining Services during National Nutrition Month on **March 14th** to celebrate National Registered Dietitian's Day

Each dining center will have a Registered Dietitian onsite to answer all of your nutritional questions from **11:00am – 1:00pm.**

Present this flyer when you speak to the Registered Dietitian for a **FREE** piece of whole fruit. Eurest Dining Centers are located in Buildings 10/ACRF, 10/B1, 31, 35 & 45

Registered Dietitians...
Bring Food & Nutrition Expertise to the Table

For additional information on nutrition and healthy eating visit www.eatright.org and www.choosemyplate.gov



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